**Successful Physical Therapy Experience at University Physical Therapy**

T**he Right PT Provider Match for The Patient**

 Ex: Listening, Teaching/communication styles, Diagnosis, etc.

*\*One-on-One work with a licensed PT every visit, Amazing customer service\**

**Patient Education**

Ex:- Ergonomics

 - Biomechanics

- Posture

 - Activity level pacing

 - Return to sport pacing

Etc.

 Partial Partial

 Recovery Recovery

**Successful**

 **Recovery!**

**Manual Therapy**  😊 **Movement/Exercise**

Ex:-Myofascial release/Massage Ex:- Muscle isolation

 -Joint mobilization -Functional strengthening

 -Stretching/nerve glides partial -Stretching

 -Active motion release Recovery - Home Exercise Program

 -Tigger point release - Endurance training

 -Etc. - Etc.