**Successful Physical Therapy Experience at University Physical Therapy**

T**he Right PT Provider Match for The Patient**

Ex: Listening, Teaching/communication styles, Diagnosis, etc.

*\*One-on-One work with a licensed PT every visit, Amazing customer service\**

**Patient Education**

Ex:- Ergonomics

- Biomechanics

- Posture

- Activity level pacing

- Return to sport pacing

Etc.

Partial Partial

Recovery Recovery

**Successful**

**Recovery!**

**Manual Therapy**  😊 **Movement/Exercise**

Ex:-Myofascial release/Massage Ex:- Muscle isolation

-Joint mobilization -Functional strengthening

-Stretching/nerve glides partial -Stretching

-Active motion release Recovery - Home Exercise Program

-Tigger point release - Endurance training

-Etc. - Etc.